

FROM THE DOCTOR

DID YOU KNOW?



There are plenty of advantages and disadvantages of commonly used dental restorations.

Decay that is left untreated can advance to infect the dental *pulp* and may cause an *abscess*.



If the seal between the tooth enamel and the restoration breaks down, then food particles and decay-like bacteria can work their way under the restoration.

Approximately 75% of Americans suffer from various patterns of gum disease and don't know it, according to the American Dental Hygienist Association.

According to the Academy of General Dentistry, tooth decay is 5 times more common than asthma and 7 times more common than hay fever.

Fluoride has been put on a high pedestal by the dental community as an important mineral because of its power to absorb into and strengthen tooth *enamel*. Fluoride is a mineral that occurs naturally in most water supplies, it is the best way to keep a healthy mouth and the least expensive! A process in your body called "remineralization" uses fluoride to repair damage caused by decay.



PLEASE CALL NOW FOR YOUR FREE CONSULTATION!

Varinos Dental Associates

